VEGAN EXAMPLE MENU

APPETIZERS/SALADS

Arugulla Salad with Vegetable Tempura
Rocket Salad with Chick Pea & Spinach Fritters
Hummus / Pita bread/ Salad
Mixed Salad with Blackened Tofu

MAIN COURSE

Stir fried Vegetable/ Rice & Grilled Tofu
Vegetable Fajitas
Squash & Coconut curry with Almond Rice
Dhal Palak, White Rice, Pickle & Papadum
Tofu Palak in Palak Paneer style white rice & Papadum
Chickpea & Potato curry
Vegetable & Lentil Ragout with Boiled Potato
Barbequed Portobello mushrooms
Baked Stuffed Aubergines
Mixed Bean Casserole
Vegan tomato & mushroom pancakes
Falafel burgers
Vegetarian casserole with Brown rice
Sweet Potato & Black Bean Veggie Burgers
Cauliflower and Chickpea Stew With Couscous
Vegan Quesadillas
Vegan Mushroom Stroganoff with Pilaf Rice
Vegan Pizza

DESSERTS

Poached Pear (red or white wine)
Rice Puddings
Baked Apple
Banana Split
Tapioca Puddings
Crème Brulee in below flavours:
Chocolate, Vanilla, Coffee and different flavours of liqueurs
Fruit Crumbles in below flavours:
Apple, Cherry, Peach, Apricot, Plum, Berries
Baked custard-vanilla fruit and chocolate flavour
Black Forest Trifle
Chocolate Croquant Royale
Peach Melba
Summer Berry Pudding