



# Health advisory information for guests –

May 2021

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## Our assurance to you

Cunard is committed to delivering the highest standards of health, safety and well-being for our guests, crew and the wider communities we visit.

We have introduced enhanced and approved well-being measures across every aspect of your vacation experience with us. The framework of enhanced protocols has been developed with guidance from our global medical and public health experts and scientists and in close coordination with UK and US government agencies, and are designed to keep you and our crew healthy and well throughout your vacation. These protocols include enhanced sanitation measures, appropriate social distancing and the mandatory wearing of face masks in certain areas of the ship. All guests will need to comply with this face mask policy in order to travel. Crew will also undergo a strict testing and quarantine regime as well as regular testing during their time on board. Our protocols are subject to change, as we will continue to work with our experts and with government bodies to ensure all of our practices evolve in line with latest advice, with our primary focus always being to protect the health and well-being of our crew and guests and the communities we visit. For the latest update please visit [www.cunard.com/sailing-with-confidence](http://www.cunard.com/sailing-with-confidence)

## Vaccine policy

When we first return to sailing, we will be offering a series of UK staycation voyages on board Queen Elizabeth. Given the advanced progress of the UK vaccination programme, and strong expressed preference on the part of our guests for this limited series of UK coastal cruises, these sailings on Queen Elizabeth will be for UK resident Covid-19 vaccinated guests only.

For these cruises the definition of “vaccinated” is a minimum of seven days following the second dose of the currently approved Covid-19 vaccines being administered. Proof of vaccination and the dates given will be required (approved forms of evidence will be confirmed closer to time of departure) and this will be required to be shown at the terminal prior to boarding. Failure to provide this evidence will result in denial of boarding at your own expense. There is no age restriction on this series of UK coastal cruises but all guests of all ages must meet the requirements of the Covid-19 vaccination policy.

**All other Cunard holidays vacations on sale do not currently require guests to be vaccinated.**

As the vaccine roll out progresses and the government has announced its intended roadmap for the future, the guidance is continually evolving. Pre-embarkation Covid-19 tests will be required at the terminal as part of our framework of protocols and will be complimentary in the price of your holiday. We will update [www.cunard.com/sailing-with-confidence](http://www.cunard.com/sailing-with-confidence) as necessary and update all guests prior to their holiday departure date. Please do ensure that your preferences and details are up to date in MyCunard.



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## Pre-existing medical requirements- what you need to know

Whilst any travel should be carefully considered, it is understood that those with certain pre-existing medical requirements or of a certain age may experience more severe symptoms should they contract Covid-19 (coronavirus). We strongly recommend that you review local government travel guidance prior to making travel arrangements; the UK Government guidance can be found here: <https://www.nhs.uk/conditions/coronavirus-covid-19/people-at-higher-risk/whos-at-higher-risk-from-coronavirus/>

If you have any existing medical requirements, we recommend you discuss your travel plans with your doctor. The information below may help guide the discussion and we suggest you have this with you at your appointment. We strongly advise you follow their expert advice regarding your fitness to travel, particularly during this uncertain time. You should also be aware that if you don't follow your doctor's advice, your medical insurance may be deemed invalid.

We are following all latest guidance to evolve our enhanced protocols to protect the health and well-being of guests, crew and the communities we visit. When we return to sailing unfortunately we will be unable to accept guests who have the following medical requirements:

- ◆ Supplementary oxygen (including via oxygen concentrator)
- ◆ Mechanical ventilatory support (except for overnight CPAP for sleep apnoea)
- ◆ Dialysis
- ◆ Within the 14 days prior to the cruise:
  - Have been unwell with confirmed or suspected Covid-19
  - Have been in close contact with someone with confirmed or suspected Covid-19
  - Have been advised to self-isolate under a government track and trace system

## Medical facilities on board

The ship provides a private medical service and staff include doctors and nurses. Our medical facility has basic medications and equipment. Whilst we are able to offer an immediate medical response, it is important to understand that this isn't the same as would be available on land and there is no access to surgical or complex intensive care facilities, advanced imaging or medical specialists.

If an acute medical or surgical condition occurs, medical evacuations would be made where possible. All medical services are charged for and in the case of a medical evacuation, those costs can be substantial. It is for this and other reasons that comprehensive travel insurance is strongly recommended –please see the section below.

## Medication

The ship's medical facility stocks basic supplies of emergency medications but a regular pharmacy service is not available. Guests should bring sufficient supplies of any regular medications with them, to last at least 14 days beyond their holiday.



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## Travel and medical evacuation insurance

We strongly recommend that you take out comprehensive holiday insurance when you sail with us including cover for Covid-19. While we hope you never have to use it, the policy will ensure you're able to relax and enjoy your holiday with the peace of mind that you're protected should you need it. When travelling with us, your insurance should include medical cover and cover for emergency evacuations and medical expenses related to Covid-19. You should also ensure your policy includes cover for repatriation, cancellation and curtailment and full cover for any and all pre-existing medical conditions worldwide, or as a minimum, in the countries you are due to visit.