

# **MAURETANIA & CARONIA RESTAURANTS**

## **Breakfast**

### **FRESH FROM THE BAKERY**

Parisienne Croissants, Brioche, Assorted Danish Pastries,  
French Bread, All Bran and Blueberry Muffins, Toasted English Muffins,  
Toasted Bagels, White and Whole Wheat Toast, Rye Bread, Pumpernickel, White Rolls,  
Banana Bread

### **ASSORTED CHILLED FRUIT AND VEGETABLE JUICES**

Orange, Grapefruit, Cranberry, Apple, Prune, Pineapple, Tomato, V8

### **SEASONAL FRESH FRUIT**

Half Grapefruit, sliced Banana, Pineapple, Cantaloupe/Honeydew/Watermelon,  
Kiwi, Orange, Peach, Nectarine

### **COMPOTE**

Stewed Prunes, Pears, Peaches, Kadota Figs

### **DRIED FRUITS AND NUTS**

Apricots, Dates, Prunes, Raisins, Bananas, Apples, Figs,  
Pecan Nuts, Sliced Almonds, Sunflower Seeds

### **YOGURTS**

Plain Non-Fat, Plain Low-Fat, Plain,  
Mixed Fruit, Low-Fat Mixed Fruit

### **PRESERVES AND SPREADS**

Orange Marmalade, Strawberry, Blackberry, Apricot, Cherry,  
Honey, Peanut Butter, Margarine, Butter

### **BEVERAGES**

Coffee – Freshly Brewed, Decaffeinated, Sanka, Cappuccino,  
Tea – Herbal, Ceylon and China  
Milk – Buttermilk, Skimmed, Hot, Cold and Fat Free  
Chocolate – Hot and Cold

### **HOT AND COLD CEREALS**

Oatmeal, Cream of Wheat  
Corn Flakes, All Bran, Raisin Bran, Special K, Rice Krispies, Total, Shredded Wheat  
Granola, Swiss Bircher Muesli, Alpen, Weetabix

**FROM THE GRIDDLE**

Pancakes – Plain, Blueberry, Banana, Strawberry, Buckwheat  
Cinnamon Raisin French Toast with Maple Syrup  
Baked Apple in Cinnamon Sugar  
Breakfast Bacon, Cured Ham, Canadian Bacon,  
Corned Beef Hash, Breakfast Sausages, Link Sausages,  
Hash Brown Potatoes, Fried Mushrooms, Baked Beans  
Freshly Made Waffle with Fresh Fruit Chunks

**EGGS AND OMELETS COOKED TO ORDER**

Eggs – Fried, Poached, Benedict, Scrambled, Boiled  
Omelets – Ham, Swiss Cheese, Fresh Herbs, Mushrooms, Western, Smoked Salmon  
Egg White, Egg Beater as Alternative

**FISH**

Smoked Norwegian Salmon with Capers and Red Onions  
Assorted Pickled Herrings  
Smoked Finnan Haddock poached in Milk and Butter  
Grilled Scottish Kipper

**ASSORTED COLD CUTS AND CHEESE**

Black Forest Ham, Turkey Ham, Roast Beef, Italian Salami, Liver Pate  
Cheese – Emmenthaler, Camembert, Cottage, Cream, Blue