

## QUEENS GRILL

### Breakfast

#### CHILLED JUICES

Choice of Fresh Orange, Fresh Grapefruit, Cranberry, Apple, Prune, Pineapple, Tomato, V8

#### FRESH FRUIT & COMPOTE

Half Sectioned Grapefruit

Fresh Melon Platter

Spa Fresh Fruit Salad

Seasonal Berries

Compote of Stewed Prunes, Grapefruit Segments & Kadota Figs

#### HOT & COLD CEREALS

Choice of Oatmeal, Cream of Wheat,

Choice of Corn Flakes, All Bran, Fruit 'n Fibre, Special K, Rice Crispies, Total, Shredded Wheat, Swiss Muesli, Alpen, Weetabix

#### YOGHURTS & SMOOTHIES

Choice of Plain or Mixed Fruit Available as Regular or Low-Fat

Strawberry and Banana Smoothie

#### FRESH FROM THE BAKERY

Croissants, Brioche, Assorted Danish Pastries, French Bread, All Bran & Blueberry Muffins, Toasted English Muffins,

Toasted Bagels, White & Whole Wheat Toast, Rye Bread, Pumpernickel, White Rolls, Banana Bread

#### PRESERVES & SPREADS

Orange Marmalade, Strawberry, Blackberry, Apricot, Cherry, Honey, Peanut Butter

#### PANCAKES & WAFFLES

Blueberry Pancakes with Pure Maple Syrup

Banana Pancakes with Pure Maple Syrup

Spa Buckwheat Pancakes with Pure Maple Syrup

Golden Waffles with Fresh Fruit

French Toast with Whipped Butter & Honey

#### BREAKFAST ENTRÉES

Fried Eggs, English Bacon, Mushrooms, Cumberland Sausage, Baked Beans, Grilled Tomato, Sautéed Potatoes

Scrambled Eggs, Streaky Bacon, Corned Beef Hash, Chicken Sausages, Hash Brown Potatoes

Omelette with Ham, Cheese & Mushrooms

Spa Egg White Omelette with Onions, Peppers, Tomato & Cheese

Eggs Benedict on English Muffin & Canadian Bacon with Hollandaise Sauce

Shirred Eggs with Caviar

Toasted Bagel with Smoked Salmon, Crème Cheese, Red Onion & Capers

Grilled Scottish Kippers with Sautéed Potatoes

Smoked Finnan Haddock with Melted Butter

Petit Fillet Mignon with Fried Eggs & Hash Brown Potatoes

Lamb Chop with Open-Faced Vegetable Omelette

*(Please ask your server for low cholesterol egg alternatives)*

#### ASSORTED COLD CUTS & CHEESE

Black Forest Ham, Smoked Turkey, Roast Beef, Italian Salami, Liver Pâté,

Cheese – Emmentaler, Camembert, Cottage, Cream, Blue