BRITANNIA RESTAURANT

Breakfast

CHILLED JUICES
Choice of Orange, Grapefruit, Cranberry, Apple, Prune, Pineapple, Tomato, V8

FRESH FRUIT, COMPOTE & YOGHURTS
Half Sectioned Grapefruit
Fresh Melon Platter
Fresh Fruit Salad 65/0/2
Compote of Stewed Fruits
Choice of Plain or Mixed Fruit Yoghurts available as Regular, Low-Fat or Non-Fat

HOT & COLD CEREALS
Choice of Oatmeal, Cream of Wheat,
Choice of Corn Flakes, All Bran, Raisin Bran, Special K, Rice Crispies, Total, Shredded Wheat, Swiss Muesli, Alpen, Weetabix

FRESH FROM THE BAKERY
Freshly Baked Danish Pastries & Croissants Served at your Table
Toasted Bagels, White & Whole Wheat Toast, Rye Bread, Pumpernickel, White Rolls, Banana Bread

Fruit Crisp 160/3/3

PRESERVES & SPREADS
Orange Marmalade, Strawberry, Blackberry, Apricot, Cherry, Honey, Peanut Butter

FROM THE HOT GRIDDLE & IRON
PANCAKES & WAFFLES
Fresh Pancakes Buttermilk or Blueberry
Served with Maple Syrup or Honey
Golden Waffles with Fresh Fruit
French Toast with Whipped Butter & Maple Syrup or Honey

BREAKFAST ENTREES
Fried Eggs to order
Scrambled Eggs

Eggs Benedict on English Muffin & Canadian Bacon with Hollandaise Sauce
Toasted Bagel with Smoked Salmon, Crème Cheese, Red Onion & Capers
Grilled Scottish Kippers with Sautéed Potatoes
Smoked Finnian Haddock with Melted Butter

(Please ask your server for low cholesterol egg alternatives)

SIDE ORDERS
English Bacon, American Bacon, Corned Beef Hash,
Link Sausages, Wiltshire Sausage, Mushrooms, Baked Beans, Grilled Tomato, Sautéed Potatoes, Hash Browns

ASSORTED COLD CUTS & CHEESE
Black Forest Ham, Smoked Turkey, Roast Beef, Italian Salami, Liver Pâté,
Cheese – Emmentaler, Camembert, Cottage, Cream, Blue

Indicates dishes created & recommended by Canyon Ranch SpaClub
Nutrition Key: Calories / Fat Grams / Fiber Grams