

Tonight's Entertainment.

6am	<p>6.00am RISE & SHINE With Entertainment Manager, Neil Kelly and guests (until 6.30pm) Followed by 'The Mavis' 'The Finest Hours' which will be repeated continuously throughout the day. Stateroom TV, Channel 22</p> <p>6.00am CUNARD INSIGHTS LECTURE An opportunity to hear a lecture presented by celebrity speaker, Marcia Bellard and Guy Caplin from yesterday. Stateroom TV, Channel 44 (repeated continuously)</p> <p>7.00am FITNESS: STRETCH & RELAX Royal Spa Fitness Centre, Deck 9</p> <p>7.30am FITNESS: FAB ABS CLASS Royal Spa Fitness Centre, Deck 9</p> <p>8.00am FITNESS: YOGA CLASS Royal Spa Fitness Centre, Deck 9 (A fee applies)</p> <p>9.00am DANCE DATE WITH NEIL Join Entertainment Manager Neil and start your morning dance date learning a fun line dance followed by ballroom, Latin and sequence requests on the dance floor. Queens Room, Deck 2</p> <p>9.00am FITNESS: INDOOR CYCLING Royal Spa Fitness Centre, Deck 9 (A fee applies)</p> <p>9.00am CROSSWORD PUZZLES & QUIZZES AVAILABLE Library, Deck 2, Midships</p> <p>9.15am CHAIRROBICS WITH LAURA Yacht Club, Deck 10, Forward</p> <p>9.30am SHIP'S TOUR Join an Entertainment Host for a tour of the public rooms Meet outside Golden Lion Pub, Deck 2, Midships</p> <p>9.30am BEGINNERS BRIDGE LESSON Card Room, Deck 3, Midships (until 10.30am)</p> <p>9.30am INTRODUCTION TO SKYPE No booking required, seats are on a first come first served basis Comexions 1, Deck 1 (Grand Lobby, until 10.30am)</p> <p>9.30am BAGGO COMPETITION Deck 10, B Stairway</p> <p>10.00am BLOODY MARY MORNING Empire Casino, Deck 2 (until 11.00am)</p> <p>10.00am PORT PRESENTATION: FIJIDS Royal Court Theatre, Decks 1, 2 & 3</p> <p>10.00am LINE DANCING Queens Room, Deck 2, Midships</p> <p>10.00am FITNESS: BODYSCULPTBOOTCAMP Royal Spa Fitness Centre, Deck 9, Forward (A fee applies)</p> <p>10.00am TAG HEUER SEMINAR Listen to our watch specialist as she talks you through the Tag Heuer watch story. From the early years to the present day and how the Tag brand has evolved over the years. Comexions 2 & 3, Deck 3, Midships</p> <p>10.00am MORNING TRIVIA Golden Lion Pub, Deck 2, Forward</p> <p>10.00am ALIFE CHANGING INTRODUCTION TO ACUPUNCTURE Find out how acupuncture works from a scientific perspective and the five basic theories behind Acupuncture. Royal Spa, Deck 9, Forward</p> <p>10.30am INTERMEDIATE BRIDGE LESSON Card Room, Deck 3, Midships (until 11.30am)</p> <p>10.45am ROYAL SPA RAFFLE Meet the Royal Spa team and have your chance to win part of our giveaway of \$500 of luxurious treatments. Exclusive offers for all those who attend. Royal Spa Fitness Centre, Deck 9, Forward</p>	1pm	<p>11.00am FRUIT AND VEGETABLE CARVING Grand Lobby, Deck 1, Midships</p> <p>11.00am TANZANITE SEMINAR Join our on board Jeweller Dean, for a fascinating talk about this rare African gem stone. Comexions 2 & 3, Deck 3, Midships</p> <p>11.00am INSIGHTS LECTURE: MICHAEL KUSHNER A Journey to Station X: A brief history of British Signals Intelligence and the part it played up until the start of and during World War II. How we were able to maintain over 10,000 staff, sworn to complete secrecy. Station X was spread and set up for the largest code breaking project in the world, later to be known as GC1Q. Royal Court Theatre, Decks 1, 2 & 3</p> <p>11.00am HOW TO RELEASE YOUR METABOLISM Join our international bodybuilding specialists for this informative presentation that will show you how to reduce weight in the stomach, hips and thighs. Learn how to slow down blood pressure, cholesterol, improve energy and prevent type 2 Diabetes. This is not to be Missed! Royal Spa Fitness Centre, Deck 9, Forward</p> <p>11.00am SIGN UP FOR FOIL FENCING Beginners fencing class. Spaces limited to 12 places. Queens Room, Deck 2 (until 11.45am)</p> <p>11.00am SOLO TRAVELLER'S WELCOME Meet Social Hostess Janice, for an informal get together. Yacht Club, Deck 10, Forward</p> <p>11.00am USING YOUR IPAD - THE BASICS Bring your own iPad and learn how to use it efficiently. Booking required via Purser's office, or Study Manager, a nominal fee of \$15 applies. Comexions 1, Deck 1 Grand Lobby, (until 12.00pm)</p> <p>11.15am INTERACTIVE GAMING COMPETITION Golden Lion Pub, Deck 2, Forward</p> <p>12.00pm NAVIGATIONAL ANNOUNCEMENT Information from the bridge over the public address system.</p> <p>12.15pm INSIGHTS LECTURE ANNA BUNNEY & JAYNE DOBNER "Whales in our waters." This talk is an introduction to the wonderful whale and dolphin conservation charity, ORCA and the amazing wildlife that we could encounter on this cruise. Join us to learn about whales, dolphins, porpoises, seals and seabirds. Royal Court Theatre, Decks 1, 2 & 3</p> <p>12.15pm A WORLD OF ART TALK: L.S. LOWRY, AN UNLIKELY HERO Queens Room, Deck 2 (until 1.00pm)</p> <p>12.15pm HAIR SHOW "THE ULTIMATE CUT" Join our international hair stylists for this spectacular hair show where one lucky winner will be chosen to receive a free cut and style live on stage. Learn which hair styles and colours compliment or clash with your body shape, face shape, skin tone, life style and clothing. Complimentary consultations to all that attend. Yacht Club, Deck 10, Forward (until 1.00pm)</p> <p>12.30pm COMPLIMENTARY GAMING LESSONS Empire Casino, Deck 2</p> <p>12.30pm LIVE MUSIC WITH NEXUS Incliment weather venue: Garden Lounge, Deck 9, Midships Lido Pool, Deck 9, Aft (until 1.15pm)</p> <p>12.30pm COCKTAIL PIANIST GAVIN BURKE Golden Lion Pub, Deck 2 (until 1.15pm)</p> <p>12.45pm BEAT THE BLOATING Meet our body specialist Rachel on this most informative seminar. Royal Spa, Deck 9, Forward</p> <p>1.00pm HUNGARY GRAND PRIX QUALIFYING (satellite reception permitting) Garden Lounge, Deck 9, Midships</p> <p>1.15pm LES MISERABLES VOCAL WORKSHOP Join resident pianist Adam Allinson for this fun, engaging vocal workshop. Yacht Club, Deck 10, Forward</p>	2pm	<p>2.00pm INSIGHTS LECTURE MAUREEN RYAN "My Cunard Story" An illustrated talk giving a glimpse of life as a Lady Assistant Purser and Social Hostess from the eras of Queen Mary, Queen Elizabeth and QE2, through to Queen Mary 2, and the modern Cunard fleet. Royal Court Theatre, Decks 1, 2 & 3</p> <p>2.00pm DUPLICATE BRIDGE TOURNAMENT Card Room, Deck 3, Midships (until 4.00pm)</p> <p>2.00pm RELIEVING BACK, KNEE & HIP PAIN Join us to learn about the biomechanics of walking and how the way your foot strikes the ground can affect your whole body. Free foot print analysis for all who attend. Royal Spa, Deck 9, Forward</p> <p>2.00pm SOCIAL BRIDGE WHIST AND CHESS Comexions 2 & 3, Deck 3, Midships (until 4.00pm)</p> <p>2.00pm SHORT-MAT BOWLS COMPETITION Deck 11, A Stairway</p> <p>2.00pm CLASSICAL CONCERT Featuring Mark Ashford, classical guitarist. Queens Room, Deck 2, Midships</p> <p>2.00pm MAGIC MAKE UP Complimentary applications for all who attends Royal Spa Fitness Centre, Deck 9, Forward</p> <p>2.15pm SERVICE CLUB MEETING Informal gathering of Officers, Rotarians, Lions, Scriptmist and other Service Clubs.</p> <p>3.00pm MOVIE: EDDIE THE EAGLE The story of Eddie Edwards, the notoriously tenacious British underdog ski jumper who charmed the world at the 1988 Winter Olympics. Starring: Leon Egleton, Hugh Jackman, Christopher Walken, Runo Ferno, Rated PG. (Repeated continuously tomorrow on Channel 22 from 12.00pm) Royal Court Theatre, Decks 1, 2 & 3 (Duration: 105 minutes)</p> <p>3.00pm LOW LIMIT GAMING Empire Casino, Deck 2 (until 5.00pm)</p> <p>3.00pm HOT STRESS CORNER: NEEDLEWORK & KNITTING Bring your own iPad and learn how to use it efficiently. Booking required via Purser's office, or Study Manager, a nominal fee of \$15 applies. Comexions 1, Deck 1 Grand Lobby (until 3.45pm)</p> <p>3.00pm SLOW BALANCE FOOT BINGO Tickets are on sale from 12.00pm at the Casino cash desk, Deck 2, Golden Lion Pub, Deck 2, Forward</p> <p>3.00pm USING YOUR IPAD - GETTING TO KNOW YOUR IPAD Bring your own iPad and learn how to use it efficiently. Booking required via Purser's office, or Study Manager, a nominal fee of \$15 applies. Comexions 1, Deck 1 Grand Lobby (until 4.00pm)</p> <p>3.15pm CROQUET COMPETITION Deck 11, A Stairway</p> <p>3.15pm ACUPUNCTURE: ARTHRITIS & BACK PAIN SOLUTIONS Free consultation for those who attend the seminar. Bookings accepted via Purser's office, or Study Manager, a nominal fee of \$15 applies. Royal Spa, Deck 9, Forward</p> <p>3.30pm A WORLD OF ART TALK: FINE ART FOR THE FUTURE Clarendon Fine Art Gallery, Deck 9, Midships</p> <p>3.30pm QUEENS ROOM AFTERNOON TEA Featuring the Esa String Quartet. Queens Room, Deck 2, Midships (until 4.30pm)</p> <p>4.00pm FITNESS: PILATES CLASS Royal Spa Fitness Centre, Deck 9, Forward (A fee applies)</p> <p>4.15pm OPAL SEMINAR Join Kristiana our guest Jeweller on board as she will take you through the wonders of Australian opals. Followed by a grand unveiling in the store of her newest collection. Comexions 2 & 3, Deck 3, Midships</p>	4pm	<p>4.15pm WIPEOUT TRIVIA Golden Lion Pub, Deck 2, Forward</p> <p>4.30pm DECK QUIZ COMPETITION Deck 10, B Stairway</p> <p>5.00pm FRIENDS OF DOROTHY Commodore Club, Deck 10, Forward, Starboard Side (until 6.00pm)</p> <p>5.00pm FRIENDS OF BILL W Admirals Lounge, Deck 10 (until 6.00pm)</p> <p>5.00pm FITNESS: TOTAL BODY CONDITIONING Royal Spa Fitness Centre, Deck 9</p> <p>5.15pm PIANO ENTERTAINER GAVIN BURKE Golden Lion Pub, Deck 2, Forward (until 6.00pm)</p> <p>5.30pm COCKTAIL PIANIST ADAM ALLINSON Midships Bar, Deck 3 (until 6.30pm)</p> <p>6.30pm PICTURE THIS Come and join the Entertainment Team to try your luck in this picture based trivial Golden Lion Pub, Deck 2, Forward</p> <p>6.45pm COCKTAIL PIANIST ADAM ALLINSON Midships Bar, Deck 3 (until 7.30pm)</p> <p>7.30pm PIANO ENTERTAINER LIAM STEWART Commodore Club, Deck 10, Forward (until 8.30pm)</p> <p>7.45pm COCKTAIL PIANIST ADAM ALLINSON Midships Bar, Deck 3 (until 8.30pm)</p> <p>7.45pm RECORDED BALLROOM, LATIN & SEQUENCE DANCE MUSIC Yacht Club, Deck 10, Forward (until 9.30pm)</p> <p>7.45pm EARLY EVENING TRIVIA Golden Lion Pub, Deck 2, Forward</p> <p>8.30pm SHOWTIME: PETE MATTHEWS Hosted by Entertainment Manager Neil Kelly Royal Court Theatre, Decks 1, 2 & 3 Forward</p> <p>9.15pm CUNARD BALL Children are welcome with their parents in the ballroom seating area. However the ballroom dance floor is for adults only during this time. Queens Room, Deck 2, Midships (until late)</p> <p>9.15pm PIANO ENTERTAINER GAVIN BURKE Golden Lion Pub, Deck 2, Forward (until 9.45pm)</p> <p>9.15pm LIVE MUSIC WITH NEXUS Yacht Club, Deck 10, (until 10.15pm)</p> <p>9.30pm PIANO ENTERTAINER LIAM STEWART Commodore Club, Deck 10, Forward (until late)</p> <p>9.30pm HARPISST LARA SZABO Midships Bar, Deck 3 (until 10.30pm)</p> <p>9.45pm GUESS THE MELODY Golden Lion Pub, Deck 2, Forward</p> <p>10.15pm ABBA AND MORE WITH D.J. CLAIRE Yacht Club, Deck 10, Forward (until 11.15pm)</p> <p>10.30pm SHOWTIME: PETE MATTHEWS Hosted by Entertainment Manager Neil Kelly Royal Court Theatre, Decks 1, 2 & 3 Forward</p> <p>10.30pm KARAOKE Golden Lion Pub, Deck 2, Forward (until late)</p> <p>10.45pm HARPISST LARA SZABO Midships Bar, Deck 3 (until 11.30pm)</p> <p>11.15pm LIVE MUSIC WITH NEXUS Yacht Club, Deck 10, Forward (until 12.15am)</p> <p>12.15am LATE NIGHT DANCING WITH D.J. CLAIRE Yacht Club, Deck 10, Forward (until late)</p>
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Sample Daily Programme